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# INTERVENTIONAL NEPHROLOGY TRAINING COURSES

# PRACTICAL DETAILS FOR ISN INTERVENTIONAL NEPHROLOGY TRAINING COURSES APPLICANTS 2023 EDITION

https://fellowship.theisn.org/prog/isn\_in\_scholarships

ISN Programs Chair: Tushar Vachharajani, United States Interventional Nephrology Chair: Jadranka Buturovic-Ponikvar, Slovenia

Interventional Nephrology

Deputy Chair:

Mayuri Trivedi, India

Program Contact: ISN Programs Team

E-mail: isnprograms@theisn.org



https://theisn.org

International Society of Nephrology (ISN) Avenue des Art 1-2, 1210 Brussels, Belgium – 340 North Avenue Cranford, NJ 07016-2496, USA info@theisn.org





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# 1. Making sure you are eligible

## <u>Context</u>

The demand for interventional nephrology training has been steadily growing in lower, lower-middle, or upper-middle income countries, where the number of interventionalists is very limited, and patients often miss dialysis treatment because of vascular access problems. Interventional nephrology training for young nephrologists in low- or middle-income countries is rarely available. ISN offers funding for training in the ISN-recognized Interventional Nephrology Training Centers.

ISN Interventional Nephrology Scholars will be trained to provide better quality of care for dialysis patients and to continue to train other healthcare professionals within their region. At the end of their training, Scholars may receive further support and guidance through the ISN Educational Ambassadors Program to ensure the successful establishment of best practices in the local setting.

## **Eligibility Criteria**

If you can answer positively all these questions, you are ready to proceed with your application.

- Are you an ISN full member? You can become a member by visiting https://www.theisn.org/join-the-isn/become-a-member/.
- Are you below 45 years old?
- Are you living and working in a lower, lower-middle, or upper-middle income country according to the World Bank? https://datahelpdesk.worldbank.org/knowledgebase/articles/906519
- Are you nominated by a Home Mentor and your Home Institution guaranteeing your re-employment and that you will be able to implement trained skills and knowledge once training has been completed?
- Have you been accepted to an Interventional Nephrology Training Center and agreed with them on a training plan that meets your needs?
- Does your training plan reflect the skills and knowledge that are required by your Home Institution and which you can implement on your return?
- Are you endorsed by the national society of nephrology in your home country? If you are applying from a country where there is no nephrology practice, you can apply for a Fellowship training only if you have governmental or institutional support to set up a nephrology program upon your return.
- Can you understand and communicate in the host country's language?
- Are you willing to guarantee your return to your home country within three months of completing the training? (Otherwise all funds received from ISN must be refunded).





# We strongly advise you to look for information about practical issues (visas, taxes, housing, transportation, security) in the host city prior to applying.

Applications should preferably involve movement between two countries. In case there is no movement between two countries, there must at least be movement between two cities, otherwise no funding will be provided.

## ISN Interventional Nephrology Training Courses

#### ISN Interventional Nephrology Procedures:

The procedures of the ISN Interventional Nephrology Training Courses include:

- Tunnelled and non-tunnelled central venous catheter placement
- Peritoneal dialysis catheter insertion
- Diagnostic angiography
- Therapeutic endovascular therapy (angioplasty, thrombectomy, etc)
- Native and transplant kidney biopsy
- Ultrasonography of vascular access

#### Level 1 – Foundation Course – short course of 2-4 weeks:

The Foundation Course is set up for trainees who need training in a specific procedure listed in the training curriculum.

This course is useful for trainees who want to learn specific procedure such as tunnelled HD catheter insertion, PD catheter insertion or kidney biopsy based on the resources and situation they encountered. However, they can observe or assist cases in the curriculum, which broaden their knowledge and expertise in dialysis access management.

#### Level 2 – Advanced Course – 3 months:

The Advanced Course is set up for trainees who need training in a broad spectrum of procedures listed in the training curriculum, especially endovascular procedures.

This course is useful for trainees who want advanced level training such as broad endovascular procedures. The trainees will be able to start interventional nephrology program immediately after return if facility and equipment for the procedures are ready.

The Advanced Course mandates a minimum number of procedures in 3 months as follows:

- <u>CVC (tunnelled and non-tunnelled)</u>: 10 procedures and 50% performed independently.
- <u>Tunnelled PD catheter</u>: 10 procedures and 50% performed independently.
- <u>Acute PD catheter</u>: 10 procedures and 50% performed independently.
- <u>Diagnostic angiography and Endovascular procedures</u>: 20 procedures and 50% performed independently.





• <u>Kidney biopsy</u>: 5 native and 5 transplant biopsies performed independently using USG. Simultaneous understanding of the tissue processing needs for histopathology reading.

#### Interventional Nephrology eLearning Program:

The ISN Interventional Nephrology Scholars MUST complete the 'ISN Interventional Nephrology eLearning Program' before starting the Foundation or Advanced Training Course at the Host Institution.

These didactic components are standardized for all Scholars on the ISN Academy and include the following sessions:

- Introduction to interventional nephrology.
- Fundamentals of vascular anatomy.
- Fundamentals of vascular access Catheter, AVF, AVG.
- Physiology of AV access dysfunction.
- Monitoring and surveillance techniques principles.
- Physical examination of AV access.
- Central venous catheter and its complications.
- Management of catheter related blood stream infection.
- Safety rules for interventional nephrology procedures sedation, radiation, infection prevention.
- Physics of ultrasonography and its roles in AV access assessment.
- Basics knowledge on tools used to perform interventional nephrology procedures.
- CVC designs for temporary/bridge access.
- PD catheter design, placement steps, complications.
- Kidney biopsy needles, sample handling, indications and complications.

#### ISN Interventional Nephrology Training Centers:

There are 11 centers officially recognized as ISN Interventional Nephrology Training Centers located in 9 regions of the world.

Training is normally provided by nephrologists. However, trainers can be surgeons or radiologists when they have officially agreed to train nephrologists as a part of the team.

You are permitted to reach out to more than one center to ask if they are willing to train you. If you receive acceptance letters from more than one Center, you may only apply to the ISN for funding with one center. However, in that case, please inform all other Centers that accepted you that you will not be applying to train at their Center. Failing to do so may prevent other candidates from taking that spot and will not looked upon favourably.



Center	City	Country	Region	Liaison Officer	Email Address	Chief of Nephrology
Zenith Kidney Center	Abuja	Nigeria	Africa	Adegboyega Faponle	adeponle007@yahoo.com	Olalekan Olatise
University Medical Centre	Ljubljana	Slovenia	EC Europe	Miha Arnol	miha.arnol@kclj.si	Jadranka Buturović- Ponikvar
INC 'Ignacio Chávez'	Mexico	Mexico	Latin America	Bernardo Moguel	nefrointervencioninc@gma il.com	Magdalena Madero
Peruvian Asso. Vas. Access*	Lima	Peru	Latin America	Edwin Castillo	edwin.castillo@urp.edu.pe	Edwin Castillo
King Faisal Hospital	Riyadh	Saudi Arabia	Middle East	Muhammad U. Ullah	drubaid@hotmail.com	Mohammed Al Sunaid
Azerbaijan Medical Uni.	Baku	Azerbaijan	NIS & Russia	Elgun Haziyev	dr_haziyev@mail.ru	Elgun Haziyev
Kaikoukai Central Clinic	Nagoya	Japan	NE Asia	Takashi Sato	t-sato@kaikou.or.jp	Takashi Sato
St. Mary's Hospital	Seoul	Korea Rep.	NE Asia	Yaeni Kim	yaenikim82@gmail.com	Cheol Whee Park
Hospital Selayang	Batu Caves	Malaysia	OSEA	Hin-Seng Wong	hinseng@gmail.com	Hin-Seng Wong
AIIMS	New Delhi	India	South Asia	Sanjay Agarwal	skagarwalnephro@gmail.co m	Sanjay Agarwal
Southwest Thames Renal Unit*	Carshalton	UK	West. Europe	Bhrigu Raj Sood	b.sood@nhs.net	Virginia Quan

#### Here are the 11 centers currently recognized as ISN Interventional Nephrology Training Centers:

\*Note that Peruvian Association of Vascular Access and Southwest Thames Renal Unit only provide observerships (unless the applicant is already licensed to practice in that jurisdiction). As such, it is not possible to complete the Advanced Course or a hands-on Foundation Course at these centers.



## Here are the procedures the selected centers provide training in:

Center	Country	Region	Non-tunneled & Tunneled CVC placement	Native & Transplant kidney biopsy	PD catheter insertion	Endovascular procedures
Zenith Kidney Center	Nigeria	Africa	Yes	Yes	-	-
University Medical Centre	Slovenia	EC Europe	-	Yes	-	-
INC 'Ignacio Chávez'	Mexico	Latin America	Yes	Yes	Yes	-
Peruvian Asso. Vas. Access	Peru	Latin America	Yes	-	-	Yes
King Faisal Hospital	Saudi Arabia	Middle East	Yes	-	-	Yes
Azerbaijan Medical Uni.	Azerbaij an	NIS & Russia	Yes	-	-	-
Kaikoukai Central Clinic	Japan	NE Asia	-	-	-	Yes
St. Mary's Hospital	Korea Rep.	NE Asia	Yes	Yes	-	Yes
Hospital Selayang	Malaysia	OSEA	Yes	-	Yes	-
AIIMS	India	South Asia	Yes	Yes	-	-
Southwest Thames Renal Unit*	UK	West. Europe	Yes	Yes	Yes	-



# 2. Preparing your application file

You can access and prepare your submission through the ISN Interventional Nephrology Training Courses application portal.

Your application will only be considered as complete if it contains ALL the following documents:

# Application file

- The completed and duly signed <u>application form</u> (online).
- An acceptance letter from the Host Institution.
- A <u>curriculum vitae</u> (CV) of maximum 3 pages.
- <u>Applicant's letter and training plan</u> describing the goals and objectives and how the training will benefit and impact the home country and Institution (250 words). The letter should include the candidate aspirations and at least 5 specific goals against which the success of the ISN Interventional Nephrology Scholarship will be judged home and how the training will benefit your home country and Host Institution. It should be countersigned by your Home Mentor and hospital director.
- A <u>nomination letter from your Home Mentor</u> guaranteeing you will implement trained skills and knowledge once training has been completed and explicitly stating adherence to the Declaration of Istanbul.
- A letter from your Home Institution guaranteeing re-employment.
- A <u>letter by relevant local society</u> leader describing the number of nephrologists and/or interventional nephrologists in home country, current education opportunities and how the training might impact the local nephrology standards. If there is no local society, a letter from the regional society will be fine. You can find ISN affiliated societies on our website. If you are applying from a country where there is no nephrology practice, you can apply for a Scholarship training only if you have governmental or institutional support to set up an interventional nephrology program upon your return.

### **General Tips and Comments**

#### Application:

The application is a lengthy process and we recommend you allocate enough time for it before submission. The ISN can only fund a limited amount of ISN Interventional Nephrology Scholars each year and only candidates with a strong application file are accepted.

#### Forms:

Your application must be submitted via the online application system. The ISN Interventional Nephrology Working Group will not rank your application if sent by email or fax.



#### Letters:

Make sure all letters are written under official letterheads and duly signed. They will not be considered valid otherwise.

#### Training plan:

The members of the ISN Interventional Nephrology Working Group who score your application expect an indication from the Host Institution of the training to be provided, with sufficient details to help them judge that there is a match between your aspirations, the Host Center's offer and the strategy of the Home Center. It is highly recommended that the Host Mentor adjoins a specific training plan to his letter of acceptance. <u>Do not neglect this part and make sure you allocate an appropriate amount</u> <u>of time with your Host Mentor to establish jointly a strong training plan</u>.

#### Re-employment and return home:

Make sure the letters clearly state that your Home Institution guarantees your re-employment, and that that you will be able to implement trained skills and knowledge upon completion of your training.

#### ISN membership:

In order to be eligible, you need to be an ISN full or trainee member.

Both your Home and Host Mentors must be current ISN full members as well. This is a key condition for your application to be eligible. If their membership fees are not paid, the application will not be submitted to the ISN Interventional Nephrology Working Group. If you wish us to invite them to enrol and/or wish them to have a list of the benefits of ISN membership, do not hesitate to contact ISN HQ (membership@theisn.org) or visit the ISN Membership pages on the ISN website.

#### Language:

The application and all enclosed documents **must** be written in English. Documents submitted in any other language will not be submitted to the ISN Interventional Nephrology Working Group. No exception to this rule will be made.

It is the responsibility of the Host and Home Institutions to ensure that the applicant's language capabilities are sufficient to efficiently undertake the ISN Interventional Nephrology training course and meet any language proficiency requirements of the Host country. The ISN does not conduct any language tests.

#### Hands-on training vs observership:

For applications to the Foundation Course, the ISN Interventional Nephrology Working Group will prioritise applications for hands-on training, the impact of which will be greater upon return at the Home Institution. However, applications for observership Foundations Courses will be considered.

For applications to the Advanced Course, the ISN Interventional Nephrology Working Group will <u>only</u> consider applications for hands-on procedure-oriented training (vascular access, PD catheter insertion, renal biopsies, interventional radiology, etc). Applicants will be required to provide evidence that they be able to take part in direct hands-on clinical care is allowed at the Host Institution.

In the event that only 'observership' training should be possible, please make sure to justify how this will be useful to the home country.



#### Licensing requirements:

In some countries, training with a clinical emphasis is contingent upon specific licensing requirements, which may depend on your own nationality. Please clarify the licensing requirements at your Host Institution before applying.

Kindly note that the ISN may decide to retain the payment of a Scholarship grant in the event that the lack of licence prevents from meeting the clinical objectives of the training.

Please make sure to initiate registration processes for these licences as soon as you are accepted at the Host Center.

#### Intraregional trainings

The ISN Interventional Nephrology Working Group will prioritise applications for intraregional training when possible.

#### Candidates already at Host Institutions

Scholars that are already in training at their Host Institution are not eligible to apply for a grant and their applications will not be considered by the ISN Interventional Nephrology Working Group.

#### Declaration of Istanbul (DoI):

Following ISN's adherence to the Declaration of Istanbul, it has become an important requirement and a criterion of selection that all parties in ISN Interventional Nephrology Training Courses confirm they endorse the Declaration of Istanbul.

#### Double applications:

Applicants may only apply to one Training Center. If you receive acceptance letters to multiple centers, you must decide which one you would like to train at.

Any other specific host requirements that are not mandatory for ISN should be formulated by the Host Institution.

#### Tuition fee from Host Institution:

No tuition fees should be paid by ISN Interventional Nephrology Scholars, and in the event that the Host Institution is charging academic costs, the applicant should declare them on the application form.



# 3. Submitting your application

The ISN Interventional Nephrology Training Courses deadline is June 1st, 2023.

You can register and complete your application on the application portal.

All information provided is entered into a database for future reference and is verified by the ISN Headquarters. Upon receipt of the application form and check for completion by the ISN Headquarters, a confirmation will be sent to you. If your application if not complete, you will receive an email specifying the missing details and you will need to re-submit it.

The results are announced via email approximately three months after the application deadline (i.e., September 2023).

No application will be accepted past the above deadlines. It is therefore highly recommended that you start the process months ahead as it can sometimes take time to gather all necessary documents.

Application deadline	June 1, 2023			
Announcement of results	September 2023			
Start of training	Between October 2023 and October 2024			
Return home	Within a month upon completion of the Interventional Nephrology Training Course			

## 4. Reviewing process

All applications are reviewed by members of the ISN Interventional Nephrology Working Group. The selection of the most deserving applicants is based upon an objective and fair scoring system. The scoring reflects various factors such as:

- Academic qualifications (level of training possibilities within home country and applicant's qualifications to undertake proposed training plan).
- Your past experience and achievements.
- Hands-on training vs observership.
- Detailed training plan with focused objectives.
- Adequateness of match between the training plan and training opportunities at the Host Institution.
- Relevance and need by the Home Institution as well as the potential impact of the training (contribution to the progress of local nephrology).
- Available resources at the Home Institution for practice after the training.
- The strength and relevance of the recommendation letters.



You should make sure that you present, as part of your application, a detailed and coherent training plan justifying the proposed training, describing your goals, ambitions and expectations, and giving cogent reasons for your choice of Host Center.

Due to the competitive nature of the ISN Interventional Nephrology Training Courses, you are always compared to all other candidates and your chances of success depend very much on the number of applicants as well as their relative strengths and weaknesses.

# 5. Outcome

Approximately three months after the application deadline, all applicants are notified in writing about their acceptance or rejection in the ISN Interventional Nephrology Training Courses. The successful candidates will be informed about their grant and their names will be announced on the ISN website.

Once you have started making your travel arrangements and applying for a visa (if necessary), you must inform the ISN Headquarters about your exact starting date.

#### IMPORTANT NOTE

You have up to three chances to apply for an ISN Interventional Nephrology Training Course under the same Host Mentor.

## 6. Living in your Host Institution

#### Insurance

ISN cannot be held liable for any consequences related to travelling or staying abroad. The responsibility for procuring health/accident and travel insurances remains with the Scholar; you or your relatives cannot hold ISN responsible in the event of untoward events or experiences.

#### Financial Support

ISN will support ISN Interventional Nephrology Scholars with a grant to contribute to their travel, accommodation and living costs during the training.

ISN Interventional Nephrology Scholarships are awarded on the condition that Scholars return to their respective home country within a month after completion of the training to actively practice nephrology, teach, and help improve the standards of medical treatment and education in your home country. Failure to do so, unless exempted in writing by the ISN Interventional Nephrology Working Group Chair, means you are in violation of the conditions of the ISN Interventional Nephrology Training Courses and must pay back the grant money to the ISN.

The total sum of the grant is in alignment with the length of the training and varies according to the anticipated expenses in the host country, as per World Bank data. Grants are intended to cover, or offset, all costs related to the Fellowship, including travel, accommodation and living expenses. The grant is intended to cover expenses of the Scholar, not his/her family.



In order to receive your grant, you must fill out the payment request form and send it to the ISN Headquarters through the online system. This document must be signed by your Host Mentor in order to be valid. If all information is in good order, you would receive your grant within the next 2 weeks. It is therefore advised that you take some spending money in order to cover your expenses upon your arrival.

You may opt to receive your payment either in the form of a wire transfer or a check (not recommended). The payment can also be sent to your Host Institution if more convenient to you.

Please note that ISN does not have any information on local tax policies.

#### Pictures

The ISN would be very thankful to <u>receive pictures of your training at any time</u>. These may be used in the ISN website and social media channels, and any publications on ISN Programs.

#### Online curriculum

The ISN Interventional Nephrology Scholarship Program consists of two components – in-person training at the Interventional Nephrology Training Center, and online training on the ISN Academy. All IN Scholars are required to complete the Interventional Nephrology Training Curriculum in order to receive their certificates of completion. If possible, this curriculum should be completed prior to starting in-person training. The online component is accessible to all ISN members and ISN Academy subscribers.

# 7. Finishing your training

You are required to return home within a month after completion of your training and must work in your Home Institution for a period of at least 3 years and fill a long-term position in your home country in line with your training objectives. Failure to show proof of return home will result in you having to return all received grant money to the ISN.

By the end of the training, you must complete the end-of-training report (a form is available through the online application system). Your Host Mentor will be requested to fill out a short report about your performance. Those reports are expected within a month after the end of your training.

#### Certificate of Completion

After verification and approval of the reports by the ISN Interventional Nephrology Working Group, Scholars will receive a certificate '*Completion of Interventional Nephrology (Foundation or Advanced) Training Course*' from ISN at the end of training period based on the type of trained procedures, number of performed procedures, and a short report about trainee's performance from host mentor (ex. certificate of endovascular procedures, certificate of tunneled HD catheter insertion).

You can send your training report through the online application portal.

#### Monitoring Of Courses

To evaluate the program, faculty and facilities of the center where Scholars were trained, ISN sends out a survey to trainees shortly after the completion of the training.

In order to monitor the Scholars' accomplishments and to assess how this program has helped them in their practices back home, ISN sends out a questionnaire to past trainees every year for 2 years of the completion of the training.



It is expected that Scholars complete these questionnaires – ISN indeed attaches great importance to maintaining a relationship with all ISN grantees.

#### Acknowledgement

This initiative has been developed by the ISN Interventional Nephrology Working Group. ISN would like to thank the group for their contribution, and especially its past Chair, Prof. Yong-Soo Kim.

For all questions not addressed in these guidelines, please email **fellowship@theisn.org** and we will be happy to assist. For questions about your application, please get in touch well before the deadline.

