

Liz Lightstone



Short Bio/CV

Liz Lightstone is Professor of Renal Medicine at the Centre for Inflammatory Disease, Faculty of Medicine, Imperial College London, and Consultant Nephrologist at Imperial College Healthcare NHS Trust Renal and Transplant Centre.

After a PhD/postdoc in Immunology, and with a longstanding interest in health inequalities facing minority groups with CKD, her research now focuses on Lupus Nephritis (LN) and pregnancy in women with CKD. She pioneered steroid minimizing regimens for LN, influenced global LN trials design, developed novel approaches to assess adherence, identified biomarkers of pre-eclampsia in women with CKD and founded the UK CKD and Pregnancy national registry. Committed to ensuring the patient voice is heard, she is global co-chair of the SONG-GD initiative which aims to define core outcomes critical to patients and healthcare professionals. She has published extensively, contributed to NICE guidance in LN and pregnancy and co-authored the Renal Association Guideline on Renal Disease and Pregnancy.

She jointly manages a renal/rheumatology lupus clinic following >400 LN patients and established and runs renal obstetric and pre-pregnancy counselling clinics; her clinical advice is sought worldwide.

She has promoted academic training in nephrology through mentorship and supervision, and built capacity in EU and beyond by training visiting fellows who have gone on to establish LN and Obstetric Renal Clinics back home.

Other Contributions to National and International Kidney endeavours – Co-Chair UKKRC Glomerulonephritis Clinical Study Group; previously on Renal Association Executive & recently chaired RA group providing evidence-based advice on shielding from COVID-19 for patients with autoimmune CKD. CI/PI on LN/C3GN RCTs. Advocate for women in nephrology and now elected Council member of Women in Nephrology. Service to ISN: regular contributions to WCN; 2018 ISN WKD: as Renal Association lead organized national conference on Pregnancy & Kidney Disease; advocated for and arranged open access for key articles on women's health & kidney disease.

Candidate's Statement

In a year like no other, COVID-19 not only ravaged in-centre dialysis communities and cost transplant patients dearly but magnified the negative impact of health inequalities. If elected, I hope that by the time I start we will be through the worst with successful vaccination programmes implemented. My focus would be to support the Western European Regional Board and ISN Council:

- to identify the learnings from the pandemic and how to encourage necessary changes such as a major shift to safer and more widely available home therapies & monitoring;
- to review our research and clinical strategies in light of the pandemic – focusing on reducing health inequalities across the region with the overarching aim of preventing progressive CKD and increasing transplantation access for those with advanced CKD.
- To increase our support for sister centre programmes globally
- To support the development and engagement of a diverse and thriving new generation of nephrologists.