Carmen Tzanno-Martins



Short Bio/CV

After my graduation, I did a specialization and PhD in Nephrology. Then, I've worked as a research doctor in Immunology and Nephrology at the Medical School of University of São Paulo (FMUSP) for almost 14 years. During my stay, I mentored many medical school undergraduate students.

At this time, I've developed works in areas such experimental transplantation, chronic kidney disease as secondary immunodeficiency cause and immunomodulatory effects of PTH and vitamin D.

My experience in several fields of nephrological knowledge and an MBA in Health Management allowed me to open clinics to assist patients with CKD, providing hemodialysis, hemodiafiltration, daily dialysis, incremental dialysis and peritoneal dialysis services. At my clinics, I also provided care for patients with acute renal failure. Simultaneously, I worked in my office with emphasis on prevention of CKD and care of renal patients.

In the meantime, I founded the Google Group Nefroforum, which brings together more than 800 Brazilian nephrologists to exchange experiences and knowledge.

I've returned to FMUSP when I was offered the coordination of the Public Dialysis Unit II/Osasco. In this position, I stayed for two years, and expanded my management activities of dialysis clinics, giving advice and classes on the subject.

Few years ago, I accepted the challenge of being the President of the Brazilian Society of Nephrology (BSN), where my main goals were educational and social activities and health policy. The good results obtained led to my re-election. After that, I was chosen vice-president of SLANH and I was accepted as a member of Clinical Research Committee of the ISN.

Recently, I was elected Director of the BSN Department of Education and Certification and I have expanded my interests in home dialysis to fields such as administration and palliative care. Currently, I am also dedicated to the study of aging and neurological changes in patients on dialysis, in partnership with the Laboratory of Neuropharmacology (ICB-USP).

Candidate's Statement

Latin America different Chronic Kidney Disease realities demand education, training and experiences exchange. One of the five countries that make more dialysis and transplants in the world, Brazil has much to offer in this scenario. And, as ex-president of BSN, I believe I will add efforts to those tasks.

The dire times we live require that we balance science with daily practice. 2020 made even clearer the great obstacles we face in public policies for CKD. More than ever, we have to bring nephrologists together.

The increasing costs in the sector call for new models in obtaining data, offering options, and dialoguing with governments. It is up to ISN to bring innovative paths for its members; even more so if they are young doctors. We must show the newly arrived the pride that we have in representing specialists with so much to offer