Talking to Your Patients About RAASi Therapy



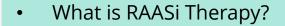








Talk to Your Patients About





- Why are you being prescribed a RAASi therapy medication?
- What does RAASi therapy do? What are the benefits?
 - Adapt based on individual's health condition.
- What do ACEi, ARB, MRA, and ARNi stand for?
 - What other names would individuals see for these medications?
 - Is there a reason why an individual is prescribed a particular RAASi medication?

Explain the Day-To-Day

How often is the medication taken?



- When and how is the medication taken?
- Can you take other medications while on RAASi therapy?
- How does RAASi fit into your current medication regimen (if applicable)?
- Are there any dietary or lifestyle requirements to follow while on RAASi therapy?

Share Common Side Effects

What are the common side effects? Include probability to help patients keep things in perspective.



- Adapt as needed based on medication and individual profile.
- Hyperkalemia
 - What is hyperkalemia?
 - Discuss management options if it arises (dose reduction, dietary advice, medication)
 - If RAASi therapy is reduced or stopped due to hyperkalemia, it may be increased or restarted at a later time.
 - See the hyperkalemia tool.





¹ Use this checklist as a baseline and consider expanding or condensing the information based on your patient's needs, interest, level of sophistication, level of anxiety, and expected treatment compliance.

² Avoid jargon as much as possible when communicating with your patients.