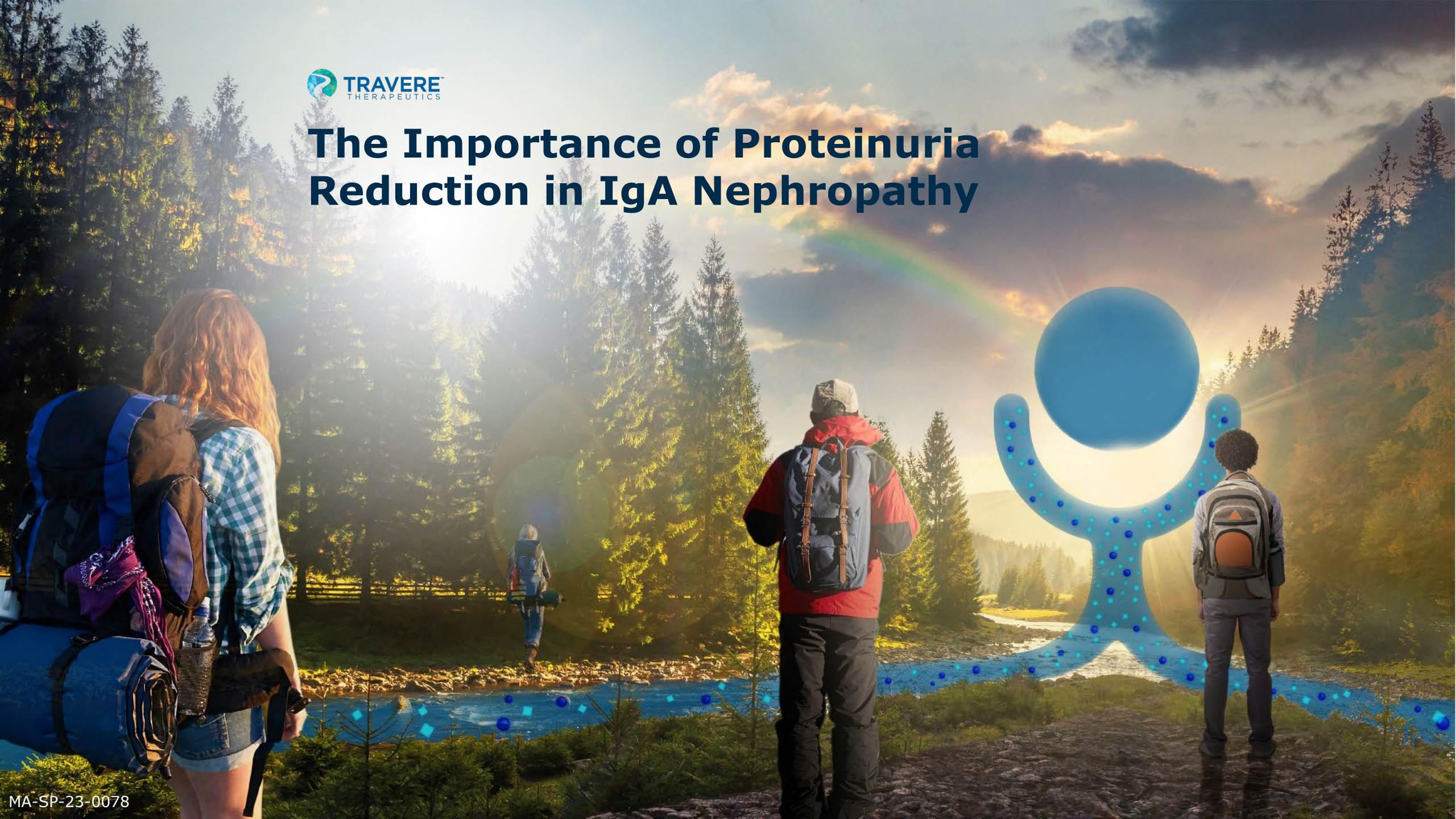


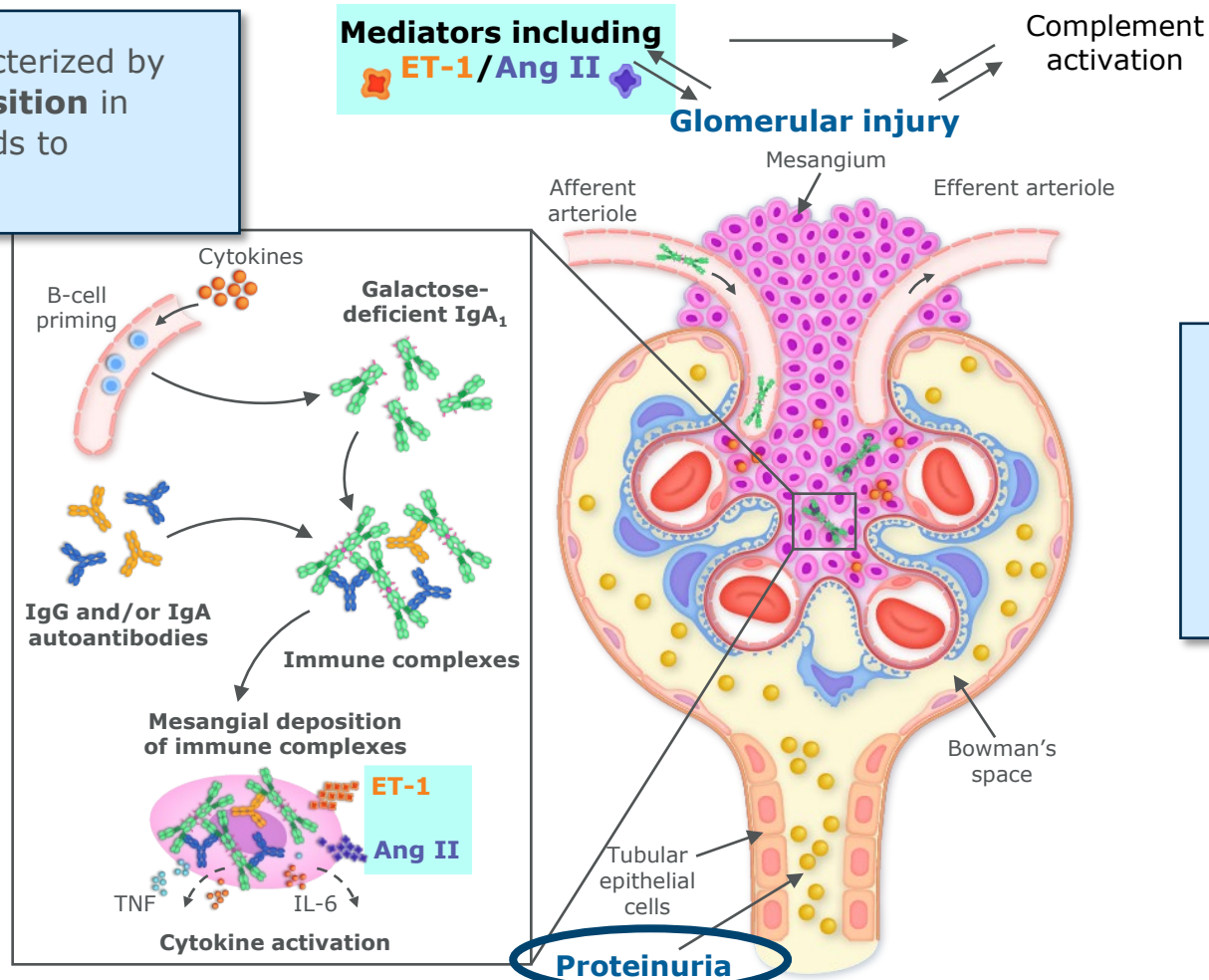


The Importance of Proteinuria Reduction in IgA Nephropathy



Proteinuria Plays a Key Role in the Pathophysiology of IgA Nephropathy

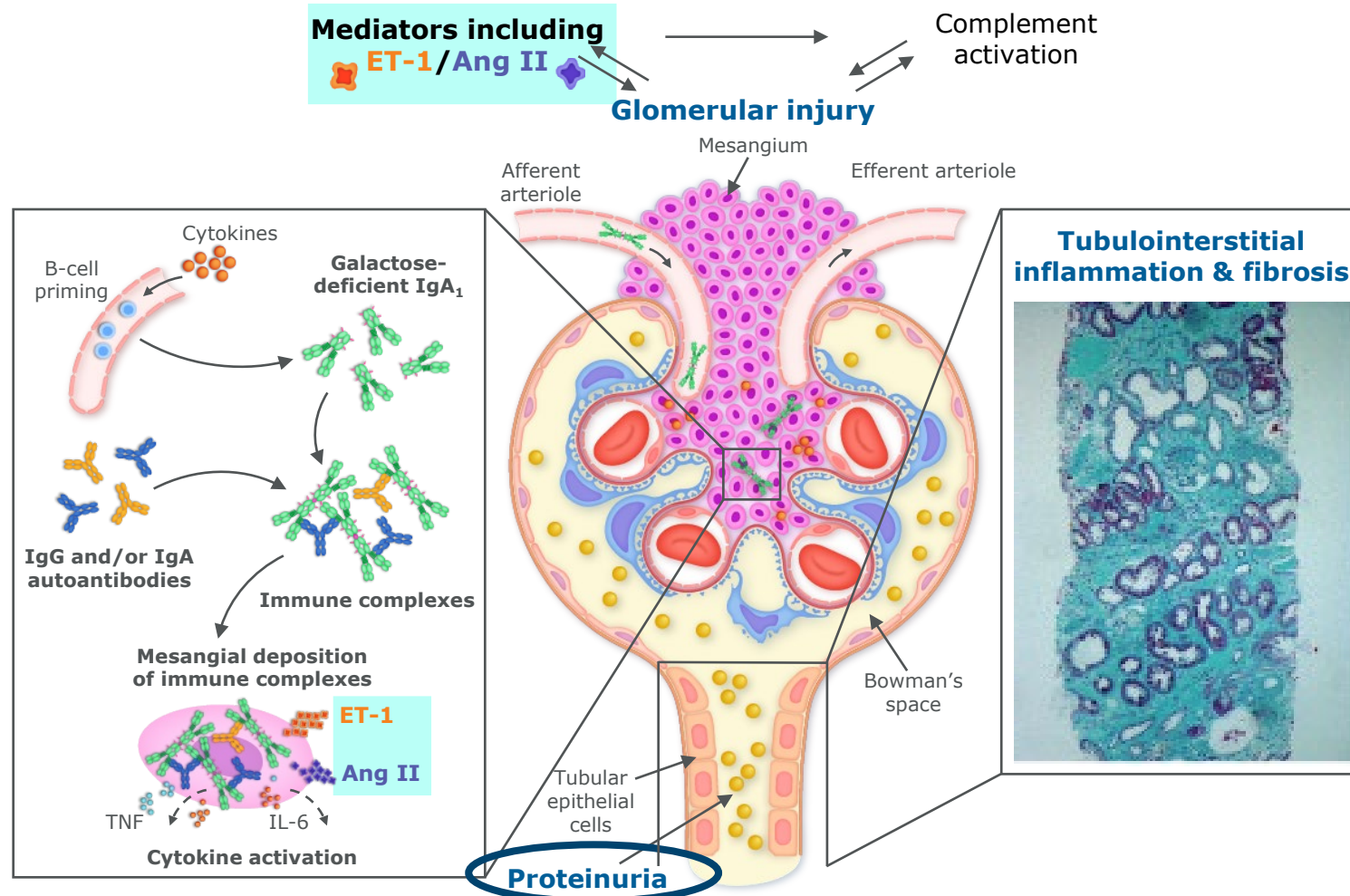
IgA nephropathy is characterized by **immune complex deposition** in the **mesangium** that leads to **glomerular injury**^{1,4}



As a result of glomerular injury, the **glomerular filtration barrier is compromised**, leading to **proteinuria, hematuria, and glomerulosclerosis**¹⁻³

Ang II = angiotensin II; ET-1 = endothelin-1; IgA = immunoglobulin A; IgA₁ = immunoglobulin A subclass 1; IgG = immunoglobulin G; IL-6 = interleukin-6; TNF = tumor necrosis factor.
1. Wyatt RJ & Julian BA. *N Engl J Med* 2013; 368:2402-2414; 2. Kohan DE & Barton M. *Kidney Int* 2014; 86:896-904; 3. Komers R & Plotkin H. *Am J Physiol Regul Integr Comp Physiol* 2016; 310:R877-R884; 4. Suzuki H, et al. *J Am Soc Nephrol* 2011; 22:1795-1803. Figure references: Wyatt RJ & Julian BA. *N Engl J Med* 2013; 368:2402-2414; Suzuki H, et al. *J Am Soc Nephrol* 2011; 22:1795-1803; Komers R & Plotkin H. *Am J Physiol Regul Integr Comp Physiol* 2016; 310:R877-R884; Kohan DE & Barton M. *Kidney Int* 2014; 86:896-904; Maillard N, et al. *J Am Soc Nephrol* 2015; 26:1503-1512; Donadio J, et al. *N Engl J Med* 2002; 347:738-748.

Proteinuria Drives Further Injury in the Tubulointerstitial Compartment



After entering the urinary space, leaked proteins and IgA₁-containing immune complexes **drive tubular atrophy and interstitial fibrosis**^{1,2}

Ang II = angiotensin II; ET-1 = endothelin-1; IgA = immunoglobulin A; IgA₁ = immunoglobulin A subclass 1; IgG = immunoglobulin G; IL-6 = interleukin-6; TNF = tumor necrosis factor.
 1. Wyatt RJ & Julian BA. *N Engl J Med* 2013; 368:2402-2414; 2. Suzuki H, et al. *J Am Soc Nephrol* 2011; 22:1795-1803. Figure references: Wyatt RJ & Julian BA. *N Engl J Med* 2013; 368:2402-2414; Suzuki H, et al. *J Am Soc Nephrol* 2011; 22:1795-1803; Komers R & Plotkin H. *Am J Physiol Regul Integr Comp Physiol* 2016; 310:R877-R884; Kohan DE & Barton M. *Kidney Int* 2014; 86:896-904; Maillard N, et al. *J Am Soc Nephrol* 2015; 26:1503-1512; Donadio J, et al. *N Engl J Med* 2002; 347:738-748. Tubulointerstitial inflammation & fibrosis image from: Cao Y, et al. *Dis Markers* 2019; 2019:2424751.

The Goal of Treatment Is to Delay Progressive Decline in Kidney Function through Reduction of Proteinuria



KDIGO Clinical Practice Guideline for Glomerulonephritis



Complete remission in glomerulonephritis¹

- Reduction of proteinuria to <0.3 g/24 hrs



Reduction of proteinuria in IgA nephropathy¹

- **Adults:** <1 g/24 hrs
- **Children:** <0.2 g/24 hrs



Target blood pressure in patients with CKD²

- **Patients with proteinuria <1 g/24 hrs:**
SBP <120 mmHg

High risk of progression in IgA nephropathy is defined as **proteinuria >0.75 – 1 g/24 hrs** despite **≥ 90 days of optimized supportive care¹**

IgA = immunoglobulin A; KDIGO = Kidney Disease: Improving Global Outcomes; SBP = systolic blood pressure.

1. Kidney Disease: Improving Global Outcomes (KDIGO) Glomerular Diseases Work Group. *Kidney Int* 2021; 100(4S):S1–S276;

2. Cheung A, et al. *Kidney Int* 2021; 99:559–569.

The Goal of Treatment Is to Delay Progressive Decline in Kidney Function through Reduction of Proteinuria



KDIGO Clinical Practice Guideline for Glomerulonephritis

First-line therapy for patients with IgA nephropathy includes antiproteinuric and antihypertensive treatment with ACEis or ARBs

All patients with **proteinuria >0.5 g/24 hrs**, irrespective of whether they have hypertension, should be treated with either **an ACEi or an ARB**

High risk of progression in IgA nephropathy is defined as **proteinuria >0.75–1 g/24 hrs** despite **≥90 days of optimized supportive care¹**

ACEi = angiotensin-converting-enzyme inhibitor; ARB = angiotensin II receptor blocker.
Kidney Disease: Improving Global Outcomes (KDIGO) Glomerular Diseases Work Group. *Kidney Int* 2021; 100(4S):S1–S276.

Proteinuria Is Associated with Reduction of eGFR in Patients with IgA Nephropathy



RaDaR: a study investigating the relationship between proteinuria (measured over follow-up) and rate of kidney function loss and survival in 2439 patients with IgA nephropathy

Clinical outcomes for patients categorized by TA-PU (Population 1*)

TA-PU	eGFR slope (mL/min/1.73 m ² /year)			Survival rate (10 year)
	N	Mean	SD	Estimate (95% CI)
<0.44 g/g	215	-0.0	7.3	0.78 (0.68–0.85)
0.44 to <0.88 g/g	175	-1.1	5.7	0.69 (0.56–0.79)
0.88 to <1.76 g/g	251	-3.8	5.5	0.40 (0.31–0.48)
≥1.76 g/g	246	-9.5	9.4	0.15 (0.09–0.22)



Higher grades of TA-PU were associated with accelerated reduction of eGFR

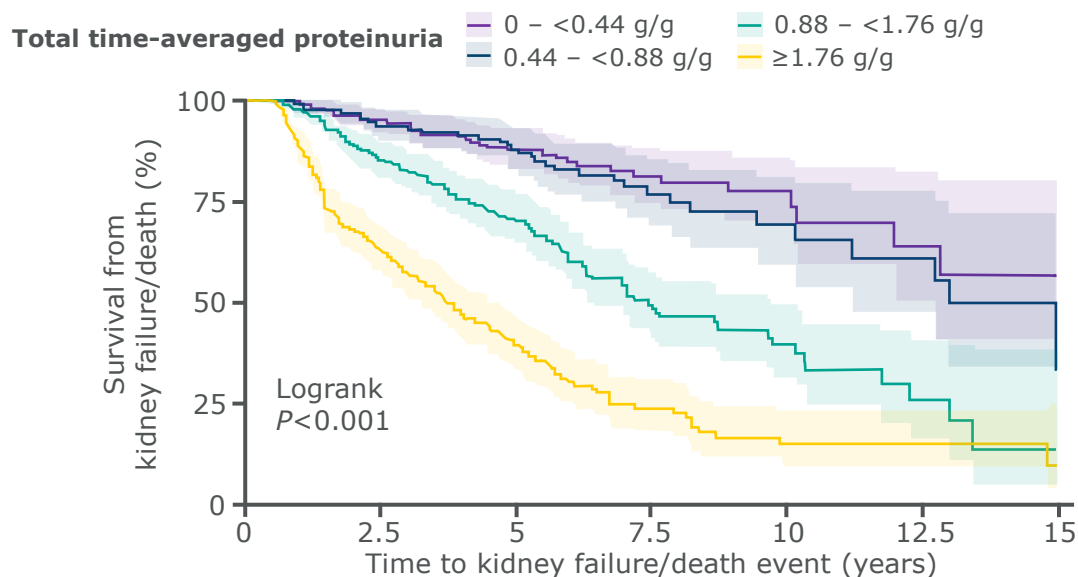
* Data shown for population 1, (n=887) a representative incident population examining TA-PU over follow-up without requirement for a baseline UPCR at diagnosis
 CI = confidence interval; eGFR = estimated glomerular filtration rate; IgA = immunoglobulin A; RaDaR = Registry of Rare Kidney Diseases;
 SD = standard deviation; TA-PU = time-averaged proteinuria; UPCR = urinary protein-to-creatinine ratio.
 Pitcher D, et al. *Clin J Am Soc Nephrol* 2023; doi: 10.2215/CJN.000000000000135.

Proteinuria Is Associated with Worse Kidney Survival Outcomes in Patients with IgA Nephropathy



RaDaR: a study investigating the relationship between proteinuria (measured over follow-up) and rate of kidney function loss and survival in 2439 patients with IgA nephropathy

Kaplan–Meier survival curve of time to kidney failure/death event (Population 1*)



0 - <0.44 g/g	215	176	114	57	22	10	6
0.44 - <0.88 g/g	175	147	94	40	20	11	1
0.88 - <1.76 g/g	251	195	120	51	20	7	1
≥1.76 g/g	246	142	66	24	10	5	2



Increased proteinuria associated with worse kidney survival and more rapid eGFR reduction

30% of patients develop KF within 10 years with 0.44 to <0.88 g/g (~0.5–1 g/24 hrs)



~20% of patients with TA-PU <0.44 g/g (<0.5 g/24 hrs) progressed to KF within 10 years

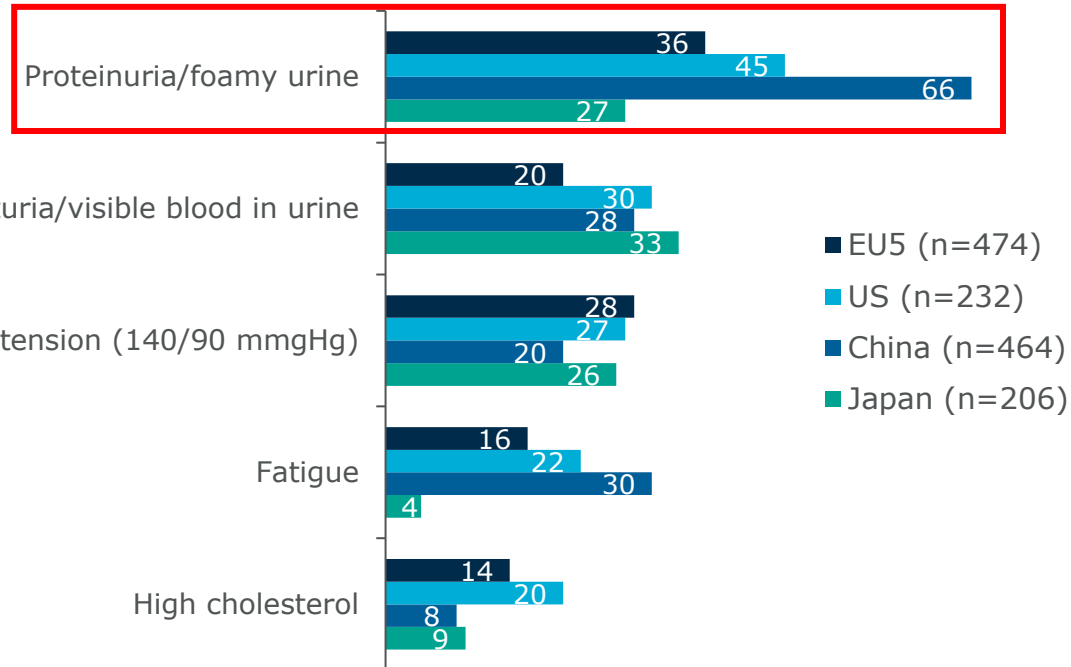
* Data shown for population 1, (n=887) a representative incident population examining TA-PU over follow-up without requirement for a baseline UPCR at diagnosis
eGFR = estimated glomerular filtration rate; IgA = immunoglobulin A; KF = kidney failure; RaDaR = Registry of Rare Kidney Diseases; TA-PU = time-averaged proteinuria; UPCR = urinary protein-to-creatinine ratio.
Pitcher D, et al. *Clin J Am Soc Nephrol* 2023; doi: 10.2215/CJN.000000000000135.

Proteinuria Persists in Real-World Patients with IgA Nephropathy, Despite Standard of Care



A real-world study from the IgA nephropathy DSP™; 295 nephrologists completed records for 1376 patients with IgA nephropathy*

Physician-reported signs and symptoms experienced by patients at time of survey



Despite standard-of-care therapies, **proteinuria**, **hematuria**, **hypertension**, and **fatigue** were the most commonly reported signs and symptoms experienced by patients, increasing risk of **KF**

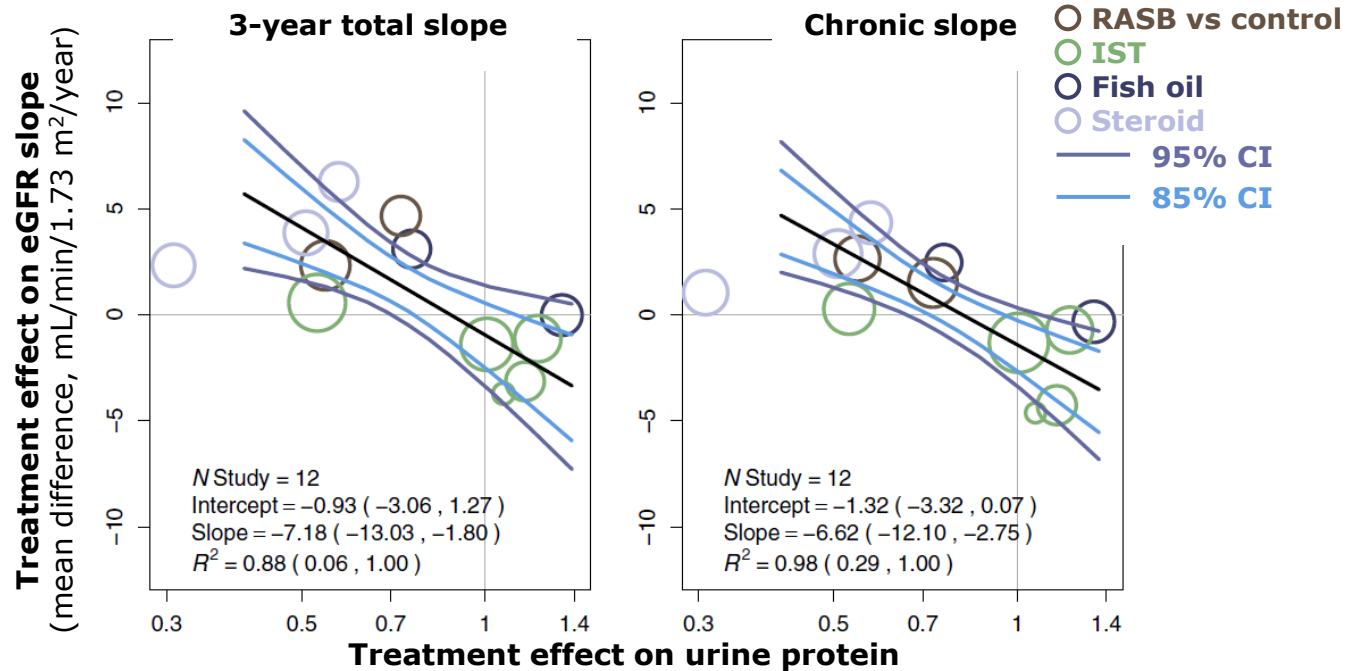
* Patients were treated for a minimum of 1 week at time of survey.
DSP = disease-specific program; EU5 = France, Germany, Italy, Spain, and the United Kingdom; IgA = immunoglobulin A; KF = kidney failure.
Lafayette R, et al. WCN 2023; poster presentation (abstract WCN23-0383).

Early Reduction in Proteinuria Can Positively Impact Kidney Function in IgA Nephropathy

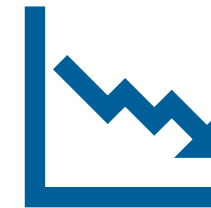


An individual patient-level meta-analysis of 1037 patients with IgA nephropathy from 12 randomized trials to compare treatment effects on change in proteinuria and change in eGFR slope

Trial-level associations between treatment effects on change in urine protein and total GFR slope at 3 years and chronic slope at 6 months



Treatment effects on **proteinuria** accurately **predicted** treatment effects on **total slope at 3 years** ($R^2=0.88$; 95% BCI=0.06–1.00) and on **chronic slope** ($R^2=0.98$; 95% BCI=0.29–1.00)



10% reduction in GM urine protein level was associated with reduction of **0.72 mL/min/1.73 m²** per year in mean eGFR slope (at 6 months)

BCI = Bayesian credible interval; CI = confidence interval; eGFR = estimated glomerular filtration rate; GFR = glomerular filtration rate; GM = geometric mean; IgA = immunoglobulin A; IST = immunosuppressive therapy; R^2 = squared correlation; RASB = renin-angiotensin system blockade. Inker LA, *et al.* *Am J Kidney Dis* 2021; 78:340–349.

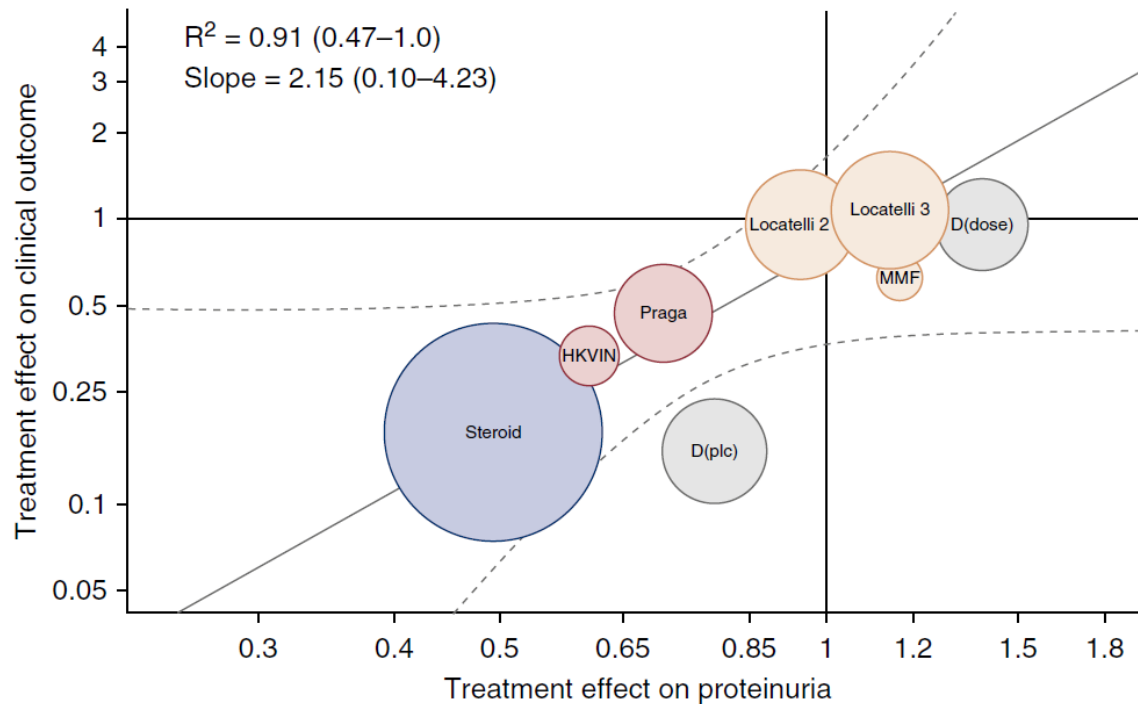
Reprinted from American Journal of Kidney Diseases, 78(3), Inker LA, *et al.*, Association of Treatment Effects on Early Change in Urine Protein and Treatment Effects on GFR Slope in IgA Nephropathy: An Individual Participant Meta-analysis, 340–349, Copyright (2023), with permission from Elsevier. Reprinted from The Lancet, 78(3), Inker LA *et al.*, Association of Treatment Effects on Early Change in Urine Protein and Treatment Effects on GFR Slope in IgA Nephropathy: An Individual Participant Meta-analysis, 340–349, Copyright (2023), with permission from Elsevier."

Treatment-Induced Proteinuria Changes in Patients with IgA Nephropathy Were Associated with Improved Kidney Outcomes



A meta-analysis of 13 controlled trials to identify surrogate endpoints as predictors of a treatment's effect on long-term kidney outcomes*

Trial-level assessment of the validity of proteinuria as a surrogate endpoint



Association between **treatment effect on proteinuria** and a composite time to doubling of serum creatinine, ESKD, or death ($R^2=0.91$; 95% BCI=0.47–1.00[†])

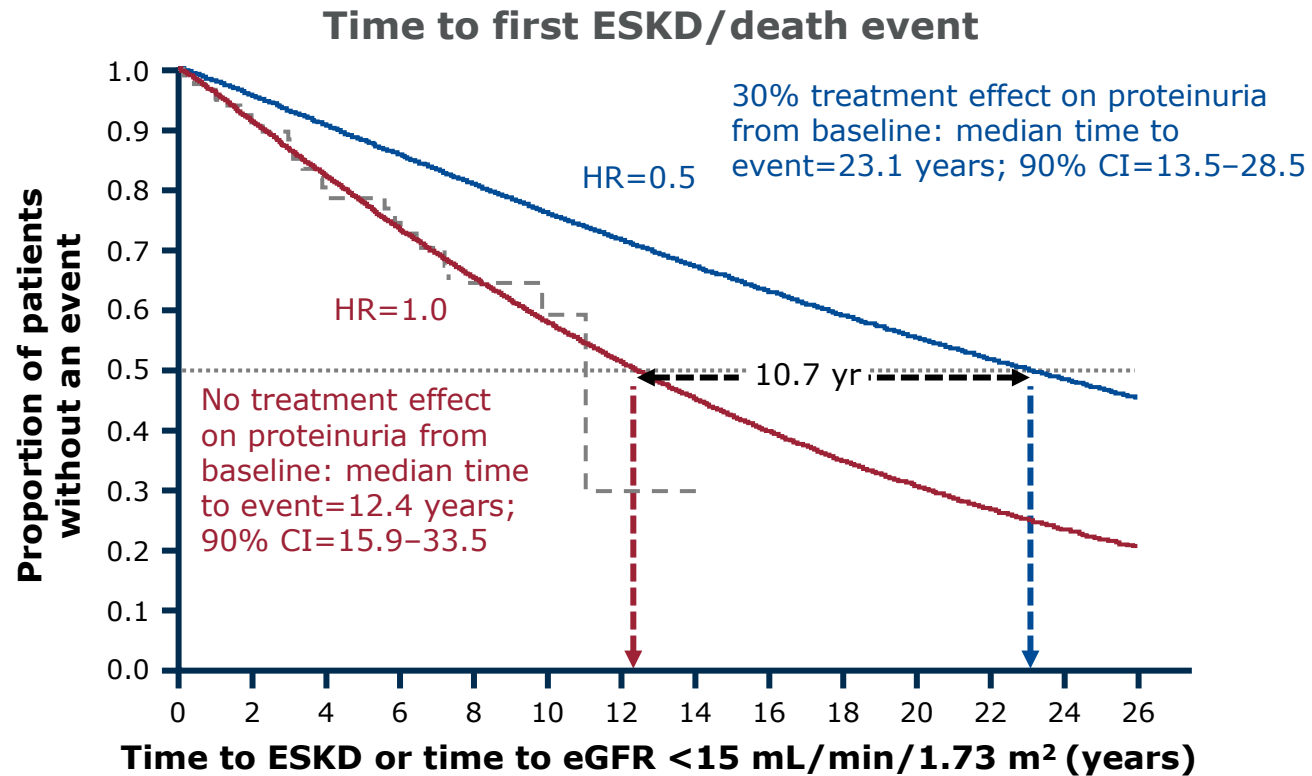
An R^2 of **0.91** indicates that for a given **treatment effect on proteinuria**, the **treatment effect on the clinical outcome is expected to be double the treatment effect on proteinuria**[‡]

* Clinical endpoints defined as the composite of the time to first occurrence of a doubling of serum creatinine level, ESKD, or death;
† Measurements could be made between 7 and 12 months; ‡ When the respective treatment effects are expressed on the log hazard ratio and log geometric mean scales.
BCI = Bayesian credible interval; ESKD = end-stage kidney disease; IgA = immunoglobulin A; R^2 = squared correlation. Thompson A, et al. *Clin J Am Soc Nephrol* 2019; 14:469–481.
Reprinted with permission from Wolters Kluwer Health, Inc. Thompson A et al, Proteinuria Reduction as a Surrogate End Point in Trials of IgA Nephropathy, *Clinical Journal of the American Society of Nephrology*, 14, 469–481, https://journals.lww.com/cjasn/Fulltext/2019/03000/Proteinuria_Reduction_as_a_Surrogate_End_Point_in.23.aspx.

Treatment-Induced Reductions in Proteinuria Predict Kidney Survival



A modeling study of 81 patients with IgA nephropathy and proteinuria ≥ 1.0 g/24 hrs to estimate the delay in time to ESKD* conferred by the hypothesized treatment effect on proteinuria



30% reduction in proteinuria was associated with:

- **50%** lower risk of ESKD
- Increased median time to ESKD of **10.7 years**
- Increased **5-year ESKD-free survival rate**

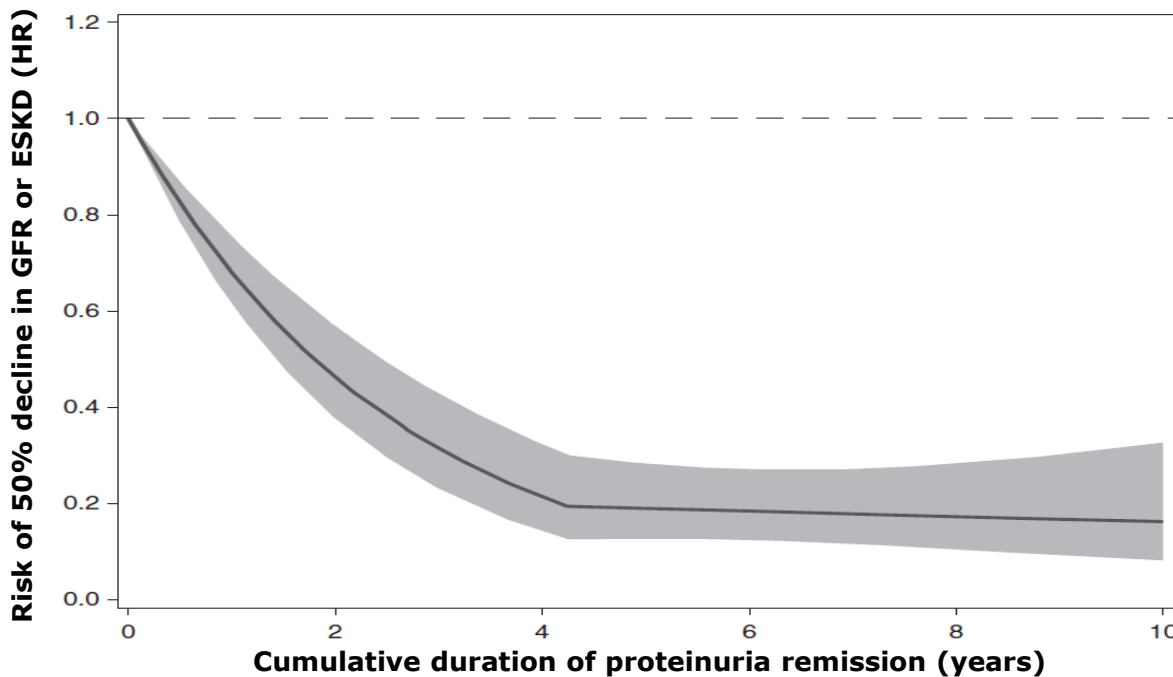
* ESKD defined as eGFR <15 mL/min/ 1.73 m², initiation of dialysis, or transplantation. CI = confidence interval; eGFR = estimated glomerular filtration rate; ESKD = end-stage kidney disease; HR = hazard ratio; IgA = immunoglobulin A. Carroll KJ, et al. ERA-EDTA 2021; oral presentation (abstract MO246).

The Magnitude and Duration of Proteinuria Reduction Impacts Long-Term Clinical Endpoints in IgA Nephropathy



A retrospective, multi-ethnic cohort of adult patients (N=1864) with biopsy-proven IgA nephropathy were studied to evaluate the association between duration of proteinuria remission* and the subsequent risk of disease progression

Risk of primary outcome associated with the cumulative duration of proteinuria remission[†]



Each **3-month interval of sustained proteinuria remission** up to **~4 years** was associated with an additional **9% reduction** in the risk of disease progression (**HR=0.91; 95% CI=0.89–0.93**)

Thereafter, each **additional 3 months in remission** was associated with a **smaller, non-significant risk reduction** (**HR=0.99; 95% CI=0.96–1.03**)

* Proteinuria remission was defined as $\geq 25\%$ reduction in proteinuria from the peak value after biopsy and an absolute reduction in proteinuria to < 1 g/24 hrs; [†] Smoothed plot of the HR (grey line) and associated 95% CI (shaded area) (grey dotted line is reference) for the risk of the primary outcome associated with the cumulative duration of remission. CI = confidence interval; ESKD = end-stage kidney disease; GFR = glomerular filtration rate; HR = hazard ratio; IgA = immunoglobulin A. Canney M, *et al. J Am Soc Nephrol* 2021; 32:436–447. Reprinted with permission from Wolters Kluwer Health, Inc. Canney M *et al*, Quantifying Duration of Proteinuria Remission and Association with Clinical Outcome in IgA Nephropathy, *Journal of the American Society of Nephrology*, 32, 436–447, <https://journals.lww.com/jasn/pages/articleviewer.aspx?year=2021&issue=02000&article=00018&type=Fulltext>.

Proteinuria Is a Major Component of Risk Stratification in Patients with IgA Nephropathy



The International IgAN Prediction Tool is recommended by the KDIGO Guidelines¹ and utilizes clinical and histologic data to provide a prognosis at the time of biopsy^{2,3}

2.2 Prognosis

Practice Point 2.2.1: Considerations for the prognostication of primary IgA nephropathy:

- Clinical and histologic data at the time of biopsy can be used to risk stratify patients
- The International IgAN Prediction Tool is a valuable resource to quantify risk of progression and inform shared decision-making with patients
 - Calculated by QxMD
- The International IgAN Prediction Tool incorporates clinical information at the time of biopsy and cannot be used to determine the likely impact of any **particular** treatment regimen
- **There are no validated *prognostic* serum or urine biomarkers for IgA nephropathy other than eGFR and proteinuria**

Data elements included in the International IgAN Prediction Tool¹

Estimated GFR at biopsy.....ml/min/1.73 m ²	MEST M-score 0
Systolic blood pressure at biopsy.....mm Hg	1
Diastolic blood pressure at biopsy.....mm Hg	MEST E-score 0
Proteinuria at biopsy.....g/day	1
Age at biopsy.....years	MEST S-score 0
Race Caucasian Chinese Japanese Other	1
	MEST T-score 0
	1
	2
Use of ACE inhibitor or ARB at the time of biopsy No Yes	Immunosuppression use at or prior to biopsy No Yes

ACE = angiotensin-converting enzyme; ARB = angiotensin II receptor blocker; eGFR = estimated glomerular filtration rate; GFR = glomerular filtration rate; IgA = immunoglobulin A; KDIGO = Kidney Disease: Improving Global Outcomes; MEST = mesangial (M) and endocapillary (E) hypercellularity, segmental sclerosis (S), and interstitial fibrosis/tubular atrophy (T).

1. Kidney Disease: Improving Global Outcomes (KDIGO) Glomerular Diseases Work Group. *Kidney Int* 2021; 100(4S):S1–S276;

2. Barbour SJ, et al. *JAMA Intern Med* 2019; 179:942–952; 3. QxMD. International IgAN Prediction Tool. Available at: https://qxmd.com/calculate/calculator_499/international-igan-prediction-tool (accessed April 2023).

Summary



The **goal of therapy** in IgA nephropathy is to **delay progressive decline in kidney function** through the **reduction** of **proteinuria** and **blood pressure**



First-line therapy is **antiproteinuric** and **antihypertensive** treatment with **ACEis or ARBs** as recommended by the **KDIGO Guidelines**



Proteinuria is the **single strongest and modifiable prognostic factor** and is associated with decreased kidney survival and death



Treatment-induced **reductions** in **proteinuria** are strongly associated with **improved kidney function** and **lower risk of kidney failure** and **death**

ACEi = angiotensin-converting-enzyme inhibitor; ARB = angiotensin II receptor blocker; IgA = immunoglobulin A; KDIGO = Kidney Disease: Improving Global Outcomes.