

## Talk to Your Patients About



- What is RAASi Therapy?
- Why are you being prescribed a RAASi therapy medication?
- What does RAASi therapy do? What are the benefits?
  - Adapt based on individual's health condition.
- What do ACEi, ARB, MRA, and ARNi stand for?
  - What other names would individuals see for these medications?
  - Is there a reason why an individual is prescribed a particular RAASi medication?

## Explain the Day-To-Day



- How often is the medication taken?
- When and how is the medication taken?
- Can you take other medications while on RAASi therapy?
- How does RAASi fit into your current medication regimen (if applicable)?
- Are there any dietary or lifestyle requirements to follow while on RAASi therapy?

## Share Common Side Effects



- What are the common side effects? Include probability to help patients keep things in perspective.
- Adapt as needed based on medication and individual profile.
- Hyperkalemia
  - What is hyperkalemia?
  - Discuss management options if it arises (dose reduction, dietary advice, medication)
  - If RAASi therapy is reduced or stopped due to hyperkalemia, it may be increased or restarted at a later time.
  - [See the hyperkalemia tool.](#)

**Patient education and involvement are key to their successful treatment.**



<sup>1</sup> Use this checklist as a baseline and consider expanding or condensing the information based on your patient's needs, interest, level of sophistication, level of anxiety, and expected treatment compliance.

<sup>2</sup> Avoid jargon as much as possible when communicating with your patients.