ISN FELLOWSHIP PROGRAM

Practical Details for ISN Fellowship Applicants
2024 edition

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http://fellowship.theisn.org
Table of Contents

From your first step in the application process to your return upon completion of your training, this document is meant as a guide that will help you all throughout your ISN Fellowship.

The ISN Fellowship Program has 2 separate application rounds each year. The respective deadlines for submitting complete applications with all supporting documents are May 1 and October 1.

1. Introduction .................................................................................................................................................. 3
2. Making sure you are eligible .......................................................................................................................... 3
3. Preparing your application file .................................................................................................................... 5
4. Submitting your application ......................................................................................................................... 12
5. Reviewing process ....................................................................................................................................... 13
6. Outcome ...................................................................................................................................................... 14
7. Living in your Host Institution .................................................................................................................... 15
8. Finishing your training .................................................................................................................................. 17
1. **INTRODUCTION**

The International Society of Nephrology has been offering Fellowship grants to young nephrologists around the world for over 30 years, with more than 800 Fellows having graduated from the program. ISN Fellowships are a unique opportunity for doctors working in low-resource settings to access high-quality, in-person training that is not otherwise available to them in their home institution or country.

The Fellowship program is a capacity-building program, with a strong focus on identifying and filling unmet needs in low- and middle-income countries. Grant recipients are required to return home at the end of their training, to put their newfound skills to good use and advance kidney care in their home region. Many Fellows go on to become leaders of nephrology in their home country, as well as active members and ambassadors of the ISN.

The Fellowship application process requires that you demonstrate not only that you are qualified to complete your proposed training, but also that there is a real need in your home country and, crucially, that your training plan will help address that need. We strongly recommend that you begin your application at least one month before the deadline so you have time to gather all the required documents to demonstrate these points.

2. **MAKING SURE YOU ARE ELIGIBLE**

**Eligibility Criteria**

If you can answer all these questions positively, you are ready to proceed with your application.

- Are you an ISN full or trainee member? You can become a member by visiting [https://www.theisn.org/join-the-isn/become-a-member/](https://www.theisn.org/join-the-isn/become-a-member/).
- Are you living and working in a lower, lower-middle, or upper-middle income country according to the World Bank? [https://datahelpdesk.worldbank.org/knowledgebase/articles/906519](https://datahelpdesk.worldbank.org/knowledgebase/articles/906519)
- Have you completed training in post-graduate Internal Medicine in your home country?
- Are you nominated by a home mentor and your home institution guaranteeing your re-employment once your fellowship has been completed?
- Can you be recommended by two senior nephrologists in your home country?
- Are you endorsed by the national society of nephrology in your home country? If you are applying from a country where there is no nephrology practice, you can apply for a Fellowship training only if you have governmental or institutional support to set up a nephrology program upon your return.
- Have you identified an appropriate host mentor and Institution with whom you have agreed on a suitable training plan?
• Does your training plan reflect the skills and knowledge that are required by your Home Institution and which you can implement on your return?
• Can you understand and communicate in the host country’s language?
• Are you willing to guarantee your return to your home country within three months of completing the training and report back your progress in home institute for the next three years? (Otherwise, all funds received from ISN must and will be refunded).
• For applicants interested in a 12-month clinical training, have you completed the Foundation course on the ISN Academy? (more details below).
• **IMPORTANT NOTE:** Until recently, ISN Fellowships were only available to members aged 40 and under (or 45 and under for short-term training). Please note that this requirement is no longer in effect, and we now accept applications regardless of age. However, the program is still intended for early-career professionals, and applicants aged 40 and under will receive priority consideration.

**Points to consider:**

• We strongly advise you to look for information about practical issues (tax, housing, transportation, security) in the host city prior to applying, as well as ensuring you will be able to get a visa to travel to the host country.

• **The ISN funds a maximum of 12 months of training for each Fellow.** If your host center offers a two-year training program, you will be permitted to complete the program, but you will need to find an alternative source of funding for the second year. You must also inform the ISN and request an exemption from returning home within three months of finishing your ISN Fellowship. Instead, you will be required to return home within three months of completing the two-year program.

• In most cases, applications should be to train at a center outside of your home country. However, the ISN will consider applications for same-country Fellowships in certain circumstances:
  o You must be planning to travel to a different city for your Fellowship, and ideally you should be coming from a part of the country that has fewer resources for kidney care.
  o If your country has a local society of nephrology, you must verify with them if they can assist with local training opportunities, and only apply to the ISN as a last option.
Like all ISN Fellows, you must return home within three months of completing your training to benefit your local community.

• If you have already done an ISN Fellowship in the past, you are only eligible to apply for a short-term (6 months or less) training.
3. PREPARING YOUR APPLICATION FILE

You can access the application form through the ISN Fellowship Program portal:

http://fellowship.theisn.org

Your application will only be considered as complete if it contains ALL the following documents:

**Application file**

- The completed and duly signed application form (online).
- The completed and duly signed Host Institution ID form (to be filled out by your Host Mentor online).
- An acceptance letter from the Host Institution that includes a detailed and customised training plan.
- A Curriculum vitae (CV) of maximum 3 pages.
- Applicant's letter describing the goals and objectives and how the training will benefit and impact the home country and Institution (250 words). The letter should include the candidate aspirations and at least 5 specific goals against which the success of the Fellowship will be judged home and how the training will benefit your home country and host/home institution. It should be countersigned by your Home Mentor and hospital director.
- A nomination letter from your home mentor detailing the required type of training and explicitly stating adherence to the Declaration of Istanbul.
- A letter by relevant local society leader describing the number of nephrologists in home country, current education opportunities and how the training might impact the local nephrology standards. If there are no local society, you will need a letter from your regional society instead. Please contact the ISN if you need help contacting your regional society. If you are applying from a country where there is no nephrology practice, you can apply for a Fellowship training only if you have governmental or institutional support to set up a nephrology program upon your return.
- A letter from your home institution guaranteeing re-employment.
- Two recommendation letters from nephrologists in your Home Institution (or country).
- A photocopy of your passport or identity document.
- For those applying for a 12-month clinical training, the certificate of completion of the 5 modules of the Foundation Course available on the ISN Academy.
GENERAL TIPS AND COMMENTS

Application:
The application is a lengthy process, and we recommend you allocate enough time for it before submission. The ISN can only fund a limited number of Fellows each year and only candidates with a strong application file are accepted. If you have any questions that are not covered in these guidelines, please do not hesitate to contact ISN Staff at fellowship@theisn.org. It is advisable to do so well before the application deadline.

Forms:
Your application must be submitted via the online application system. The ISN Fellowship Committee will not consider your application if sent by email or fax.

Letters:
Make sure all letters are written under official letterheads and duly signed. They will not be considered valid otherwise. All documents must be uploaded in pdf format.

Finding a host institution/mentor
As an applicant you are responsible for finding a mentor who agrees to host you at their center and be responsible for your training. You are free to select any host that you feel would be a good fit for your needs, although they of course must accept to train you and they will have to fill out the Host ID form as part of your application.

The ISN has selected 28 ISN Regional Training Centers to provide in-depth specialized training to improve patient care in different regions of the world. While we accept applications to train at any center of the candidate’s choice, applications to train at one of the ISN Regional Training Centers will be given priority consideration by the ISN Fellowship Committee. Therefore, contacting a Regional Training Center is often a good first step if you have difficulty finding a host mentor.
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Host Institution:

- A maximum number of 2 long-term ISN Fellows can be accepted per year in the same host institution.
- The ISN considers a maximum of two applications to each Host Institution each application round (e.g. two for the May 1st round, two for the October 1st round). If in doubt, applicants should confirm with the Host Institution about when to apply.
- Applicants that are already in training at their Host Institution are not eligible to apply for a grant and their applications will not be considered by the ISN Fellowship Committee.

Training plan:

The Committee members who score your application expect an indication from the Host Institution of the training to be provided, with sufficient details to help them judge that there is a match between your aspirations, the host center’s offer and the strategy of the home center. The host mentor must adjoin a specific training plan to the letter of acceptance in order for it to be valid. Do not neglect this part and make sure you allocate an appropriate amount of time with your host mentor to establish jointly a strong training plan.

Training Focus:

- When you apply, you will be asked to select a primary focus for your training, along with up to three secondary focus topics. The primary focus may be Clinical Nephrology (which would be more general training) but can also be much more specific, depending on what you hope to achieve with your Fellowship.
- Your primary training topic should clearly reflect the needs of your home institution in your motivation and nomination letters, and be further reflected in your training plan with your host institution. E.g. if you indicate that your primary focus is peritoneal dialysis, your motivation and nomination letters should explain the need for peritoneal dialysis at your home institution, and your training plan should show that you would be training in peritoneal dialysis at your home institution. Secondary topics should be reflected similarly.

List of Training Topics

- Acid Base Disorders
- Acute Kidney Injury
- Anemia, Iron and Trace Elements
- Basic Science
- Chronic Kidney Disease
- Clinical Nephrology
• Clinical Trials
• Conservative/Palliative Care for ESKD
• Critical Care Nephrology
• Diabetes
• End-of-Life Care
• Epidemiology
• Fluid and Electrolytes
• Genetic Kidney Disease
• Glomerular Diseases
• Healthcare Policy
• Hemodialysis
• Hypertension
• Imaging
• Interventional Nephrology
• Intoxication/Poisoning
• Kidney Stones
• Mineral and Bone Disorders
• Nutrition and Hydration
• Obstetrics and Pregnancy
• Onconephrology
• Pathology
• Pediatric Nephrology
• Peritoneal Dialysis
• Pharmacology
• Research Methodology and Mentorship
• Systemic Disease
  Transplantation
Home Institution:

- Your home institution is where you will be employed in your home country following your Fellowship. As such, the training plan should directly address the needs of that institution. Those needs should be detailed in the nomination letter from your home mentor.

- In order to ensure that your training will have the most benefit to patients in your home country, your home institution must be a public institution. Doctors working in private settings are not eligible to apply for a Fellowship.

- The ISN considers a maximum of two applications from each Home Institution each application round (e.g. two for the May 1\textsuperscript{st} round, two for the October 1\textsuperscript{st} round). Applicants from the same Home Institution should therefore coordinate their plans to apply before submitting their applications.

- You must upload a letter from your home institution (on official letterhead) clearly stating that your re-employment there is guaranteed upon completion of your training.

ISN Membership:

In order to be eligible, you need to be an ISN full or trainee member. Both your home and host mentors must be current ISN full members as well.

This is a key condition for your application to be eligible. If their membership fees are not paid, the application will not be submitted to the ISN Fellowship Committee. If you wish us to invite them to enrol and/or wish them to have a list of the benefits of ISN membership, do not hesitate to contact ISN HQ (membership@theisn.org) or visit the ISN Membership pages on the ISN website.

Start Date and Duration:

ISN Fellowships are between three and twelve months in duration. The date when you plan to start your training should be agreed with your home and host mentors. You must start your training within six months of being informed of the outcome, which is usually 3-4 months after the deadline.

If you are applying by May 1\textsuperscript{st}: Your start date should be between September of this year and March of next year.

If you are applying by October 1\textsuperscript{st}: Your start date should be February and September of next year.

Remember to keep in mind processing time for travel visas and licensing when choosing a start date.

Language:

The application and all enclosed documents must be written in English. Documents submitted in any other language will not be submitted to the ISN Fellowship Committee. No exception to this rule will be made.
It is the responsibility of the host and home institutions to ensure that the applicant’s language capabilities are sufficient to efficiently undertake the ISN Fellowship training and meet any language proficiency requirements of the Host country. The ISN does not conduct any language tests.

**Hands-on Training versus Observership:**

The ISN Fellowship Committee will prioritise applications for hands-on training, the impact of which will be greater upon return at the home institution. While establishing the training plan, please make sure that you will be able to have direct contact with patients. This requires a medical license from your host country that will allow you to provide direct clinical care.

In the event that only ‘observership’ training should be possible, please make sure to justify how this will be useful to the home country.

Funding for procedure-oriented training (vascular access, PD catheter insertion, renal biopsies, interventional radiology, etc) requires evidence that direct hands-on clinical care is allowed at the Host Institution.

**Licensing Requirements:**

In some countries, training with a clinical emphasis is contingent upon specific licensing requirements.

- Applicants for centers in the **USA** and **Canada** must be aware that the USMLE examination is necessary for clinical training and direct patient access.
- Applicants for centers in the **United Kingdom** must obtain the GMC registration for clinical training and direct patient access.
- It is also the case in **Australia** and **South Africa**, where specific licences are required.

Kindly note that the ISN Fellowship Committee may decide to retain the payment of an ISN Fellowship grant in the event that the lack of licence prevents the Fellow from meeting the clinical objectives of the training. It is strongly recommended that you familiarize yourself with these licensing requirements and procedures before applying.

Please make sure to initiate registration processes for these licences as soon as you are accepted at the Host Center.

**Intraregional Trainings**

The ISN Fellowship Committee will prioritise applications for intraregional trainings. Over recent years, the ISN Fellowship Program has expanded to allow and encourage opportunities for nephrologists from emerging countries to train in well-developed host centers in their own region, rather than exclusively in North America, Europe, or Australasia. Regional centers are more likely to guarantee hands-on training.
In this context, ISN has reached agreements with several partners. Applications that meet the eligibility criteria of partnerships are encouraged and more likely to be successful. More details can be found on the ISN website.

**Declaration of Istanbul (DoI):**

Following ISN’s adherence to the Declaration of Istanbul, it has become an important requirement and a criterion of selection that all parties in an ISN Fellowship training confirm they endorse the Declaration of Istanbul.

**Double Applications:**

Applications with acceptance in more than one host center will not be eligible.

Any other specific Host requirements that are not mandatory for ISN should be formulated by the Host Institution.

**Tuition Fee from Host Institution:**

No tuition fees should be paid by an ISN Fellow, and in the event that the host institution is charging academic costs, the applicant should declare them on the application form.

**Fellowship Foundation Course:**

Candidates applying for a 12-month clinical training are required to complete the ISN Fellowship Foundation Course on the ISN Academy and get the certificates of completion BEFORE they apply to the ISN Fellowship Program.

The Foundation course includes five modules on AKI, GFR, Glomerular Diseases, Dialysis and CKD. It is only accessible on the ISN Academy for subscribers and ISN members. Therefore, if you are getting or renewing your ISN membership in order to apply for a Fellowship, you will need to do so before you can take the Foundation Course.

At the end of each module, you will need to answer two short-response questions. Your will be saved and appended to your Fellowship application after it is submitted.

**4. SUBMITTING YOUR APPLICATION**

The ISN Fellowship Program has two separate application rounds a year. The respective deadlines for submitting complete applications with all supporting documents are May 1 and October 1.

You can register and complete your application on our portal (it will open approximately 3 months before the deadline):

http://fellowship.theisn.org
All information provided is entered into a database for future reference and is verified by the ISN Headquarters. Upon receipt of the application form and check for completion by the ISN Headquarters, a confirmation will be sent to you. If your application if not complete, you will receive an email specifying the missing details and you will need to re-submit it.

The results are announced via e-mail approximately 3 months after the deadline, i.e., in August/September and December/January respectively.

No application will be accepted past the above deadlines. It is therefore highly recommended that you start the process months ahead as it can sometimes take time to gather all necessary documents.

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<th>Session 2</th>
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<tbody>
<tr>
<td>Application deadline</td>
<td>October 1</td>
<td>May 1</td>
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<td>Announcement of results</td>
<td>December</td>
<td>August</td>
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<td>Start of training</td>
<td>Within 6 months upon reception of your acceptance letter</td>
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<td>Return home</td>
<td>Within 3 months upon completion of your ISN Fellowship training</td>
<td>Within 3 months upon completion of your ISN Fellowship training</td>
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5. REVIEWING PROCESS

Each application is reviewed by members of the ISN Fellowship Committee. The selection of the most deserving applicants is based upon an objective and fair scoring system. The scoring reflects various factors such as:

- Academic qualifications (level of training possibilities within home country and applicant’s qualifications to undertake proposed training plan).
- Your past experience and achievements.
- Hands-on training vs observership.
- Detailed training plan with focused objectives.
- Adequateness of match between the training plan and training opportunities at the Host Institution.
- Host ID form.
- Relevance and need by the home institution as well as the potential impact of the training (contribution to the progress of local nephrology).
• Available resources at the home institution for practice after the training.
• The number of ISN Fellowship granted to the same home country over the past three years.
• Involvement in other ISN Programs, especially the ISN Sister Renal Centers and Clinical Research Programs.
• Age of the candidate.
• The strength and relevance of the recommendation letters.

You should make sure that you present, as part of your application, a detailed and coherent training plan justifying the proposed training, describing your goals, ambitions and expectations, and giving cogent reasons for your choice of host center.

Due to the competitive nature of the ISN Fellowship Program, you are always compared to all other candidates and your chances of success depend very much on the number of applicants as well as their relative strengths and weaknesses. Every year we are faced with more and more applications for the program and because our procedures and budget remain the same, we are obliged to also reject more candidates every year.

6. OUTCOME

Approximately 3 months after the application deadline, all applicants are notified in writing about their acceptance or rejection in the ISN Fellowship Program. The successful candidates will be informed about their grant and their names will be announced on the ISN website. You may be partially or fully sponsored by different partner organisations, and this will be announced in your acceptance letter (see the ISN website for details of the various co-sponsored training for which you may be eligible).

Once you have started making your travel arrangements and applying for a visa (if necessary), you must inform the ISN Headquarters about your exact starting date.

Concurrent Funding

You must declare any concurrent funding or funding applications to other organisations. If both your ISN and other applications are successful, then you will be encouraged to accept the other application so that more ISN funds are available for other trainees. You may be permitted to have concurrent funding up to a value of 10,000 USD pro rata - but beyond that the value of the ISN Fellowship would be reduced by the additional funding above the 10,000 USD pro rata. If you are applying for a two-year program, funding for the second year is not subject to this rule, but you must still declare it.

Reapplying

If your application is ultimately unsuccessful, you will receive a letter that includes feedback from the reviewers. You are permitted to apply for an ISN Fellowship training under the same Host Mentor up to three times.
7. LIVING IN YOUR HOST INSTITUTION

Insurance

The ISN cannot be held liable for any consequences related to travelling or staying abroad. The responsibility for procuring health/accident and travel insurances remains with the ISN Fellow; you or your relatives cannot hold ISN responsible in the event of untoward events or experiences.

Financial Support

ISN Fellowship grants are awarded on the condition that Fellows return to their respective home country within three months after completion of the training to actively practice nephrology, teach, and help improve the standards of medical treatment and education in your home country. The progress report for the next three years of each year in home institution is expected. Failure to do so, unless exempted in writing by the Program Chair, means you are in violation of the conditions of the Fellowship and must pay back the grant money to the ISN.

The total sum of the grant is in alignment with the length of the training and varies according to the anticipated expenses in the host country, as per World Bank data. Grants are intended to cover, or offset, all costs related to the ISN Fellowship, including travel, accommodation and living expenses. The grant is intended to cover expenses of the ISN Fellow, not his/her family.

- For short-term training (up to 6 months), the grant is paid as one instalment shortly after your arrival in the Host Institution.
- For longer training, the grant is typically paid in two instalments separated by 6 months. The first instalment amounts to 60% of the total grant.

In order to receive your grant or first instalment (if you are on a long-term training), you must fill out the payment request form and send it to the ISN Headquarters through the online system. This document must be signed by your host mentor in order to be valid. If all information is in good order, you will receive your grant within the next 2 weeks. It is therefore advised that you take some spending money in order to cover your expenses upon your arrival.

You may opt to receive your payment either in the form of a wire transfer or a check (not recommended). The payment can also be sent to your Host Institution if more convenient to you.

Towards the end of the first 6 months, you must again send a “Payment Request Form” to Headquarters to obtain the second instalment payment (for applicable ISN Fellowships).

Please note that ISN does not have any information on local tax policies.
**Online Courses During Hands-on Training**

Accepted ISN Fellows will be expected to participate in courses on the ISN Academy to complement their hands-on training at their host center. Fellows are required to complete one of five Hybrid Fellowship courses in General Nephrology, Dialysis, Transplantation, Pediatric Nephrology, or Renal Pathology, depending on the primary focus of the training (as indicated in your acceptance letter). Fellows are also encouraged to explore the other courses, as well as all other resources available on the ISN Academy.

The certificate of completion for the required Hybrid Fellowship course must be uploaded with the end-of-training report for the report to be approved.

**ISN membership is required in order to access the online courses on the ISN Academy. Please account for this when planning to complete the course.**

**Research**

ISN Fellows are expected to take the opportunity to conduct clinical research during their Fellowship and, if appropriate, submit an abstract to the next World Congress of Nephrology after they return home (eligible to compete in the annual Fellowship Awards). For resources on how to develop your research skills, there is a list on the ISN Academy.

**Pictures**

The ISN would be very thankful to receive pictures of your training at any time. These may be used in the ISN website and social media channels, and any publications on ISN Programs with your permission.

**Training Extension**

You may apply for an extension of your training at the Host Institution if the Home and Host Mentors feel this is necessary for a successful completion of your training plan, and that the need is justified.

ISN only ever provides funding for a maximum of one year and will turn down applications longer than this duration. As such, requests for extension are reserved to ISN Fellows who have received an initial funding up to 9 months. The total training duration is limited to **12 months maximum** (covering the initial training and the extension).

ISN Fellows who are following a 24-month training curriculum are advised to seek additional sources of funding to cover the second year of the program, as this will not be supported by ISN.

As ISN cannot pay a grant retrospectively, please be aware that if you wish to apply for an extension, you have to take into account that ISN typically needs two to three months before announcing the results of the application round.

The application deadlines for a review of an extension application are the same as for a regular application: **May 1 and October 1**.
However, a different application form must be filled out and enclosures are slightly different.

You can register or login your current account and submit an extension the online application portal:

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http://fellowship.theisn.org
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**Extension application file**

- The completed and duly signed application form.
- A report on the training achieved signed and approved by both the home and host mentors. The report should mention the progress achieved against the specific goals set at the beginning of the training.
- A description of the purpose for Extension signed or written by your host mentor.
- A letter of approval of extension from the host mentor.
- Proposed training plan.
- A letter of acceptance from the host institution director.
- A letter of Approval of Extension from the home mentor.
- A letter from the applicant’s home institution guaranteeing re-employment.

### 8. FINISHING YOUR TRAINING

You are required to return home within 3 months after completion of your training and must work in your Home Institution for a period of at least 3 years and fill a long-term position in your home country in line with your training objectives. Failure to show proof of return home and submission of yearly progress reports will result in you having to return all received grant money to the ISN.

By the end of the training, you must complete an end-of-training report (a form is available through the online application system). Your host mentor will be requested to fill out a short report about your performance. Those reports are required to be submitted to the ISN within three months after the end of your training.

After verification and approval of the reports by the ISN Fellowship Committee, you will receive an email confirming that your Fellowship is complete, and you will have access to the benefits accorded to past ISN Fellows:

- An official certificate of completion of training will be attached.
- You will be able to use the title “ISN Fellow” on your CV.
- You will be eligible for priority consideration for travel grants to WCN for the next 5 years.
If you submit an abstract to WCN, you will be **eligible to compete in the ISN Fellowship Abstract Awards**.

You will be eligible for **priority consideration if you apply to other ISN Programs**.

You will be invited to take part in the **Past ISN Fellows WhatsApp Group**.

You will be granted **free ISN membership**. Short-term Fellows (6 months or less) get one year of free membership; long-term Fellows (more than 6 months) get two years. Please note that the first year of membership must be claimed either the year you complete your Fellowship, or the following year – it cannot be deferred. You must email membership@theisn.org to claim this benefit.

Please note that no privilege will be awarded until your report is approved by the ISN Fellowship Committee. **If you submit the report later than 3 months after completion of your training, you will lose the right to your benefits.**

You can send your training report through the online application portal: [http://fellowship.theisn.org](http://fellowship.theisn.org).

In order to monitor the ISN Fellows’ accomplishments, ISN sends out a questionnaire to past ISN Fellows every two years, which is to be completed and submitted online. It is expected that you will complete these questionnaires. The ISN is committed to maintaining relationships with past Fellows, and to ensuring that its programs remain relevant and up to date.

**If you have any questions not covered in these guidelines, please don’t hesitate to contact us at fellowship@theisn.org.**