



#Kidney Health Matters

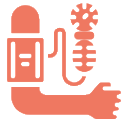
Hypertension and kidney disease



1.28 billion adults worldwide have hypertension



4 in 5 people with hypertension live in low & middle income countries, where 1 in 2 remain undiagnosed and 1 in 5 are treated to target



Hypertension increases risk of stroke, heart failure, heart attack & kidney failure

3 goals to achieve in Africa by 2030



80% of adults with high BP are **diagnosed**



80% of diagnosed hypertensives will be **treated**

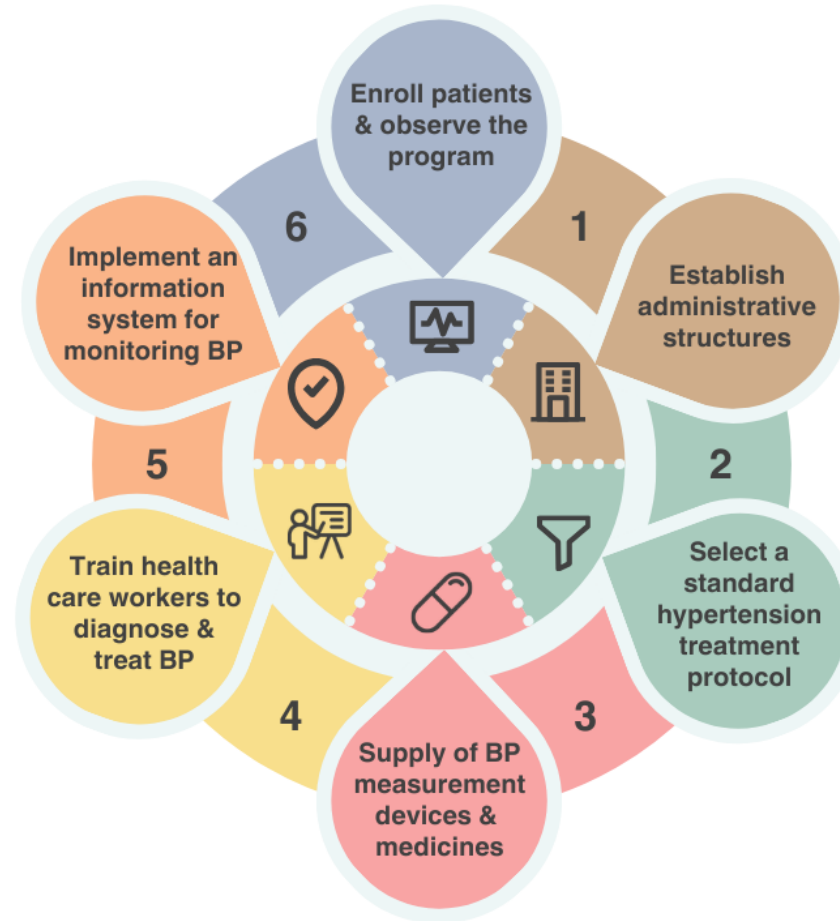


80% of treated hypertensives will be **controlled**



Barriers for hypertension control include lack of political will to understand/ mandate/ recommend or implement health care policies for screening, diagnosis, treatment and lack of integration into public health sector.

Six step guide to improve hypertension & CKD management



Prevention & management of hypertension & CKD



Screening, prevention, treatment, rehabilitation



National programs to encourage healthy lifestyles



Ensure affordable medications



Availability of BP & lab equipment



Policies to train non physicians to screen, diagnose & manage



Create awareness



Identify & address challenges



Encourage checking BP in children